



ALLOS AUSTRALIA

STRATEGIC WORKPLACE WELLBEING

WELCOME

Welcome to Allos Australia – your ally in enhancing workforce wellbeing and organisational resilience.



The workplace brings people, processes, and performance together. At times this leads to disharmony and tension.

Your employees' mental health and wellbeing decides whether that tension becomes creative or destructive.

But as you know, workforce wellbeing is interconnected, evolving, and nuanced. That is why traditional, reactive, and siloed approaches often fall short.

After many years of getting to the bottom of this, we figured out a better way.

Here's a glimpse.



THE ALLOS ADVANTAGE

Partnering with Allos Australia brings:



TRUSTED RELATIONSHIPS

- Solve challenges together with honest, open dialogue and collaboration.
- Enjoy flexible strategies and support that focus on your needs.



PROVEN IMPACT

- Drive real improvements with actionable reporting and continuous improvement.
- Experience lasting impact with our holistic approach to workforce sustainability.



COMPLIANCE ALIGNMENT

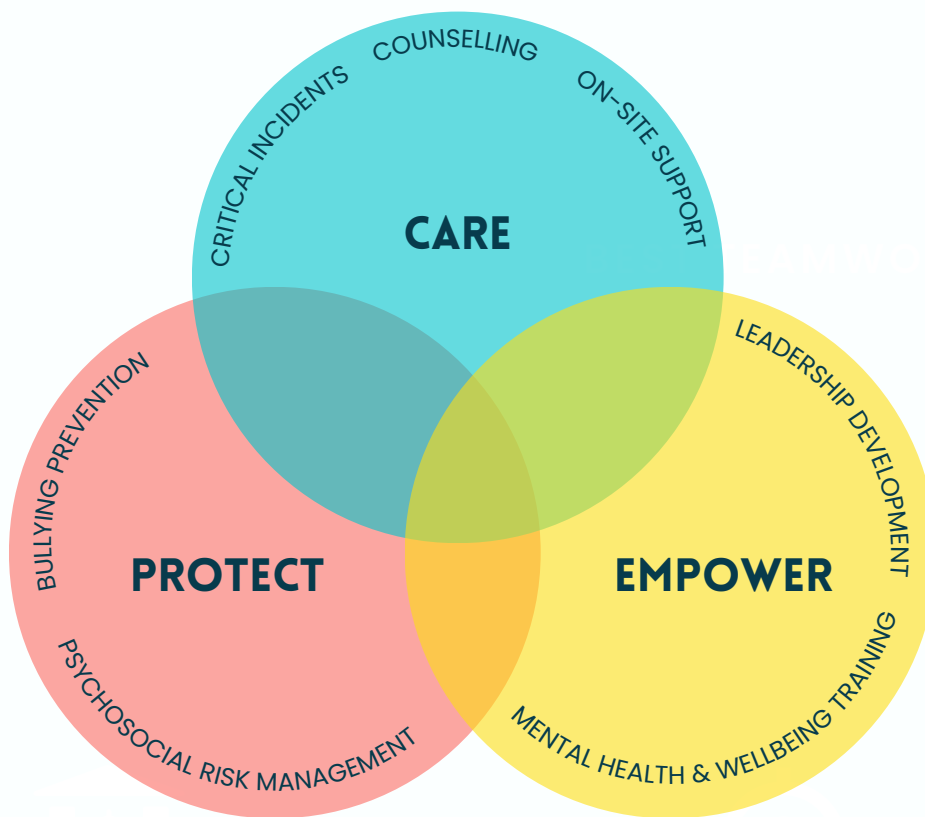
- Designed with regulations in mind so that you can meet your Duty of Care.
- Facilitates risk mitigation, freeing you to focus on core objectives.

ESSENTIAL PILLARS

Maintaining a safe and sustainable workforce is a systemic challenge.

Systemic challenges demand systemic responses.

That's why we developed our "Care, Empower, Protect" model.



This is more than a mere wellness program; it's an integrated service that delivers the following:

- **Reliable and responsive counselling** with our Employee Assistance Program
- **Capacity building** through our Training & Development
- **Preventative measures** through our Psychosocial Risk Management consulting.

You are free to choose the services that suit your needs at any time.

OUR SERVICES

Comprehensive Care, Empowerment, and Protection for Your Team

EMPLOYEE ASSISTANCE PROGRAM (EAP)

- 24/7 phone support
- Professional 1:1 counselling (Face-to-face, Virtual and Phone)
- Online Portal & Resources
- Critical Incident Response
- Management and leadership mentoring
- Financial wellbeing coaching

TRAINING & DEVELOPMENT

- Emotional Intelligence (EI) in the Workplace
- Psychological Safety and Constructive Conflict
- Mental Health First Aid (MHFA)
- Stress Management & Burnout Prevention
- Mental Health for Frontline Leaders
- Coping with Change & Uncertainty
- Wellbeing and Resilience in the Workplace
- Mentoring & Coaching

.... **and much more tailored to your needs**

PSYCHOSOCIAL RISK MANAGEMENT

- Hazard identification and risk assessment
- Control design and evaluation
- Stakeholder engagement and collaborative decision-making
- Progress tracking and feedback mechanisms
- Promotion of a mentally healthy culture
- Regulatory compliance and best practices

CURIOUS TO KNOW MORE?

Partnering with us is a commitment to building a work culture that enhances employee mental health, reduces people risks, and drives organisational success.

Contact us today for a discovery call or strategy review.



hello@allos.com.au



+61 3 9817 7361



[ALLOS.COM.AU](https://allos.com.au)



7 Acacia Pl, Abbotsford, Victoria, 3067



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